

MASTER TRAINING PROGRAM ● SOCIAL PRESENCING THEATRE ● DENMARK



INVITATION

Arawana Hayashi

Social Presencing Theatre

Master Training Program ● 2016-2018

# 2016-18

## MASTER TRAINING PROGRAM • Social Presencing Theatre (SPT) • ARAWANA HAYASHI

This three year master training program is a pathway available for people interested in becoming advanced practitioners of Social Presencing Theatre.

### MODUL 1: Introduction and basic practice

Initial intro to SPT  
Theory U framework  
Meditation practice

### MODUL 2: Prototyping, training-groups and supervision

Prototyping in training groups and work contexts  
Individual and group training  
Supervision

### MODUL 3: Applying SPT and specialization

Specialization and applying SPT in own field of work  
Community training  
Developing and create one owns personal combination of theory U, SPT and individual specific field and experience  
Clarifying core competences and fields of practise



### THE PROGRAM INCLUDES:

- Journaling and continuous logging experiences and processes
- Reading and literature studies on Theory U, creativity, embodiment, neurophenomenology etc.
- SPT training and meditation practice

## THEORETICAL FRAMEWORK – Social Presencing Theatre (SPT)

By increasing awareness and letting go of preconceptions, we tap into our wiser self and into the greatest potential of the situation. Awareness gives us leverage. It gives birth to insight, innovation and skilful action. Something fresh crystallizes out of open perception that can then be put into action. We call this action a ‘true move’. The insight that arises can energize significant action in the world – action aligned with greater meaning and purpose.

- At the core of Theory U and Presencing is the hypothesis that the quality of our actions is a function of the quality of our awareness. In this way, Social Presencing Theatre gives practitioners an embodied experience of the U process – not as an intellectual exercise, but through actual experience of making a ‘true move’.
- A ‘true move’ could be something spoken or an action taken. It is creative, powerful, and perfectly in harmony with the situation.
- A true move is agenda-less; not pre-conceived or something dragged out from the past. It acknowledges that things are constantly changing and arise from being deeply in the present
- A true move arises from a profound sense of the whole system. No matter how diverse the population of the group, there is an underlying, invisible field of connection, wisdom and wholeness.
- A true move celebrates ‘not knowing’. It cuts through business as usual.
- A true move is one that arises from awareness of the ‘field’. It arises from a bigger arena than our own small, personal perspective.

Through your practice, we invite you to explore: How does this person who is ‘simply being’ perceive the world and engage in effective action?

## APPLICATION

The course is designed to meet the needs of 3 populations.

1. People who want to use these practices in their own work with clients or in their own leadership trainings – and need to deepen their understanding of the principles and practices, refine their ability to facilitate them, and experiment with adapting them for specific contexts.
2. People in the Presencing Institute (PI) Practitioners Circle or graduates of the PI Masterclass who are bringing Embodied Presence/SPT into their Theory U-based projects and who are apprenticing to teach in Presencing Institute Programs in the future.
3. People with interest in apprenticing with Arawana to teach the Basic or Continuing SPT courses.

If you have been introduced to Social Presencing Theater and Theory U, and belong to one or more of these categories, you are welcome to send an application to enter the program. The training-group will be designed based on the individual applications and in consideration of the diversity of the group.

## INFORMATION & PRACTICALITIES

**Location:** All seminars will take place in Denmark, at Vaekstcenteret ([www.vaekstcenteret.dk](http://www.vaekstcenteret.dk)) in the town of Norre Snede in Jylland and in the countryside at Landro, by the shore of Limfjorden. Further information on the location, transport and accommodation will be provided to all accepted participants.

**Dates:** The program runs for three years, six gatherings, each time for four days. Sessions 2016: 13.-16. May and 14.-17. November. Sessions 2017 and 2018 will be announced later. Each year: 3-4 meetings in local training-groups. Supervisions on Skype are optional.

**Application:** name, age, formal education, describe your professional background, Theory U and SPT knowledge or training, and briefly about your motivation for participating in the program. Send a mail with 1-2 pages, enclosed photo, before November 1th 2015. Mail: [Michael@synergaia.dk](mailto:Michael@synergaia.dk)

**Participation fee** for the three year program is € 5.175 (€ 1.725 a year). The fee does not cover supervisions between the seminars, nor accommodation and food during the seminars. Payment is to be made upon receipt of our e-mail confirming your participation. Accommodation at Vaekstcenteret approx. 30-35€ pr. night and 25-30 € for lunch and refreshments, at Landro there is free accommodation in tents and all food during the 4 days costs approx. 150-200 €.